

These training requirements apply to those who begin training on or after July 1st, 2008.

MINIMUM TRAINING REQUIREMENTS

Five years (60 months) of approved residency training in Orthopedic Surgery. One block of training is defined as a four (4) week rotation. This period must include:

1. Twenty six (26) blocks of foundational surgery training as a junior resident. This must follow the relevant Royal College standards.
 - 1.1. Minimum of (6) six blocks but no more than 13 blocks as a junior resident in Orthopedic Surgery
 - 1.2. This foundational surgery training must include a minimum of (1) one block in each of the following:
 - 1.2.1. Critical care
 - 1.2.2. A service that provides initial trauma management (such as Emergency Medicine, General Surgery, trauma team, Orthopedic Surgery, or Plastic Surgery)
 - 1.2.3. General Surgery and/or Vascular Surgery
 - 1.2.4. Internal Medicine or its relevant subspecialties
2. Thirty nine (39) blocks of further residency training in Orthopedic Surgery
3. The entire residency program must have sufficient exposure to attain the Objectives of Training. This must include:
 - 3.1. The equivalent of at least six (6) blocks in Pediatric Orthopedic Surgery
 - 3.2. The equivalent of at least three (3) blocks in each of the following rotations:
 - 3.2.1. Trauma
 - 3.2.2. Sports Medicine
 - 3.2.3. Spine Surgery
 - 3.2.4. Oncologic Orthopedic Surgery
 - 3.2.5. The equivalent of at least three (3) blocks of adult reconstruction/arthroplasty in each of the following:
 - 3.2.5.1. Upper limb

SPECIALTY TRAINING REQUIREMENTS IN ORTHOPEDIC SURGERY (2010)

3.2.5.2. Foot and ankle

3.2.5.3. Hip and knee

3.3. The equivalent of at least two (2) blocks of training in Community Orthopedic Surgery

3.4. At least six (6) blocks of this period must be spent as a senior resident in Orthopedic Surgery

NOTES:

Royal College Certification in Orthopedic Surgery requires all of the following:

1. Successful completion of the Royal College Surgical Foundations curriculum;
2. Successful completion of the Principles of Surgery examination;
3. Successful completion of the training in Sections 2 and 3 above; and
4. Successful completion of at least one scholarly project related to Orthopedic Surgery, as attested by the Program Director.

The five year program outlined above is to be regarded as the minimum training requirement. Additional year(s) of training may be required by the program director to ensure that clinical competence has been achieved.

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